

MENTAL HEALTH RESIDENTIAL PROGRAM (MHRP)

2310 and 1/2 Atascocita Rd., Humble, Texas 77396

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The Harris County CSCD Mental Health Residential Program (MHRP) is a 70 bed residential program designed to provide the Criminal Courts of Harris County with a residential program and aftercare support for male and female referrals who meet the eligibility criteria for the Young Men About Change (YMAC), the Substance Abuse Treatment Facility at Peden (SATF-P) or the Women Helping Ourselves - Atascocita (WHO-A) programs and who also have assessed needs for mental health services.

TARGET POPULATION:

- Adult male and female offenders, 17 years of age and older and/or juvenile offenders 15-16 years old that have been certified as adults.
- Must have an assessed need for a structured residential treatment program.
- Must meet the eligibility criteria for one of the following residential programs:
 1. Young Men About Change (YMAC),
 2. Substance Abuse Treatment Facility at Peden (SATF-P) or
 3. Women Helping Ourselves - Atascocita (WHO-A)
- Must be stable without evidence of active psychosis and have a Major Priority Population Disorder diagnosis of:
 1. Major Depressive Disorder
 2. Bipolar Disorder
 3. Schizophrenia
 4. Schizoaffective Disorder
- Clients who have been responding to medication and/or treatment prior to placement into the program must be stable on medications and able to function within the parameters of the program.
- Must have no recent suicide attempts or documentation of suicidal ideation precautions within the last ninety (90) days.
- Felony or misdemeanor offenses are eligible. Misdemeanors must be assessed as high risk/needs and can comprise up to a maximum of 20% of the total program participants.
- Title 5 (crimes against persons) and sex offenses are eligible.
- Clients can be stipulated either as an initial Condition of Supervision or Modified Condition of Supervision.

A Level of Service Inventory – Revised (LSIR) must be completed and recommend placement in a residential program prior to placing a client on the waiting list.

PROGRAM LENGTH:

Six (6) to twelve (12) months in duration followed by six (6) months of intensive oversight in the community. Out of county clients will normally be expected to return to the sending county and participate in appropriate aftercare supervision.

PROGRAM OBJECTIVES:

- Education – GED where needed
- Opportunity to change negative attitudes and behaviors
- Assume responsibility for own thoughts and behaviors
- Develop skills to succeed in a non-structured community setting
- Gender responsive treatment services – addressing women’s issues and their substance abuse
- Mental Health services addressed through:
 - Counseling
 - Case management
 - Medications
 - Housing and social skills training
 - Cognitive and family intervention to address co-occurring conditions

EXCLUSIONS TO ADMISSION:

- Pregnant females are not eligible
- Post Partum pregnancy – must have eight (8) weeks recovery and a medical release from the treating OB/GYN
- Post surgical recuperation of less than four (4) months
- Clients previously discharged from in-patient treatment for substantial program non-compliance must be approved by WHOA administration
- Clients with a history of non-compliance taking prescribed psychotropic medications while in treatment
- Significant mental retardation conditions
- Auditory/Visual Hallucinations
- Active Psychosis
- Need of detoxification
- Dialysis or severe renal (kidney) disorders
- Chronic or severe stomach, colon, bowel disorders
- Seizure disorders NOT controlled by medication
- Chronic medications (evaluated on individual basis)
- Need for chronic pain management with prescribed narcotic medications
- Fractures
- Quarantine patients (Hepatitis, T.B., etc.)
- Presence of contagious diseases
- Heart/vascular and/or unstable blood pressure
- Bleeding disorders
- Prescription medication that alters present state of mind
- Stroke history with significant impairments
- Diabetes – oral medications and/or insulin dependent